

Lipoedema UK: offering support and raising awareness



Lipoedema is a chronic condition that is prevalent in women. It is characterised by the accumulation of fat below the waist, which can result in the hips, buttocks and legs looking out of proportion with the upper body. Less commonly, lipoedema can also affect the upper arms.

Lipoedema affects more women than men; it is believed that 11% of the female population may suffer from some degree of lipoedema.

One of the most frustrating things about lipoedema, however, is that the vast majority of doctors and nurses aren't trained to recognise it, so many women go their whole lives without obtaining a diagnosis.

Lipoedema UK's mission is to educate all doctors and healthcare professionals to recognise and diagnose lipoedema in the early stages, so that everyone with the condition receives appropriate advice and quality care.

Lipoedema UK support our members to work with their GPs and healthcare professionals to find treatments available in their area.

Lipoedema UK's conferences provide our members with the latest information from internationally renowned specialists, surgeons and researchers as well as practical advice and inspiration on exercise and compression.

Lipoedema Awareness Week this year is on the 11th–18th June, and we hope to take the opportunity to raise awareness of the condition. 



For further information about Lipoedema UK to access information on the condition, and to find out how you can help, please visit:

www.lipoedema.co.uk