



Highlights from our first ever Patient Forum

In February we hosted our first Patient Forum, in partnership with Wound Care Today and Urgo Medical. The event was a great success and enjoyed by all who attended. Here, we present some highlights and hope you will join us next year!



On Wednesday 27th February 2019, the first Wound Care Today Patient Forum was held in partnership with Daylong and Urgo Medical.

The event was free-to-attend and provided an opportunity for people who wear compression to get together and share experiences in a friendly and informal environment.

The Forum started with two sessions running consecutively in the morning. The first session helped the delegates to identify if the care they were receiving was the most appropriate for them, and

discussed the importance of building a relationship with the clinicians responsible for delivering their care. From the start, the group were vocal and enthusiastic in sharing their experiences. The patients enjoyed sharing their different journeys, and finding out about the other care options available. The sharing of information was empowering, enabling the delegates to consider their options and feel able to discuss different approaches to managing their condition with their healthcare professional at a future time.

In the second session, skin care was discussed. The delegates made the most



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of the opportunity to get an expert view on the merits of the different cleansers and moisturisers available for the care of their limb. They found the information concerning the importance of maintaining skin integrity and how to select an appropriate moisturiser invaluable (see p. 22–23 for more information on skin care).

Exercise was also considered as part of this session, and the benefits of regularly undertaking gentle activity such as yoga, swimming and aqua aerobics were discussed.

Finally, the support and resources offered by various charities, including Lipoedema UK and the British Lymphoedema Society were highlighted, which the delegates found helpful, as some were not aware of all the assistance available when living with a long-term condition.

Michael Coppack, delegate:



‘The highlight of my day was to meet other people with similar conditions and also to find out what other options I had as a patient/consumer.

I would not necessarily expect my GP to be fully aware of them all.’

Kate Forster, delegate:



‘It is brilliant to be invited to the patient Forum at Wound Care Today as it is so rare for patients to be able to give detailed feedback

about their experiences and also to get the time to explore all the different garments available.

It was great to have time to talk to the manufacturers and really interesting to do it as part of a group of patients.’

A two-hour lunch break followed, allowing attendees time to get to know each other, and also visit the exhibition where leading brands and manufacturers of compression garments were available to offer advice on the latest bandaging, hosiery and garments available.

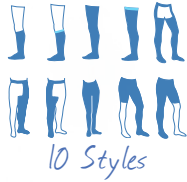
It provided a real hands-on opportunity to get to grips with the products available and take away further information for future reference.

After lunch, the final session of the forum gave the patient group the opportunity to talk to about their experiences of product use — both good and bad — with product manufacturers.

The group raised interesting points around the colour of products



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3 Compression Classes



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3 Foot Lengths

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Mark Hudston, Marketing Director of Daylong:




'It was great to hear the patient voice for the first time discussing a wide-range of topics such as exercise, garment fabrics, their concerns and the challenges the face. It is helpful to hear what we can do as manufacturers and industry to make

our customers happier and help them to manage their long-term conditions. The delegates also had the opportunity to look around the exhibition to find out what products and help is available to them.

Both Daylong and our partners at Urgo Medical put the patient at the heart of everything we do and we aim to support them at every stage of their compression journey. We are grateful to all of the people who attended the first patient forum, and look forward to working with them again and meeting new patients next year.'

available, with the patients suggesting the possibility of garments available in a range of skin tones, and the need to develop a variety of fabrics used to make compression garments. The ways in which the application of knee-length compression hosiery can be improved or made easier were also discussed.

The Patient Forum drew to a close, with delegates reporting a renewed sense of optimism around the management of their long-term conditions, and exchanging contact details with each other for ongoing support. 

Mary Martin, Chair:



'Everyone attending the Patient Forum made a great contribution to the day. Ideas were exchanged, issues discussed and advice given by experts in a friendly informal environment. The day was very informative and positive, with one delegate commenting that the day had helped them to completely change their mind for the better on how they would approach their condition in the future'.

Patient Forum 2020

Don't miss your opportunity to attend the next Patient Forum
at Wound Care Today, in partnership with Daylong and Urgo Medical

26 February 2020,
Marshall Arena, Stadium MK

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