

# In This Together Live 2024; a unique opportunity

The first In This Together Live event took place in March, in partnership with Daylong Direct. Here we present an overview of the day, and report on delegate feedback. We hope you will register your interest to join us next year.



The first ever ITT Live event took place on the 6th March 2024 in Milton Keynes, as part of the larger Wound Care Today event for healthcare professionals that takes place annually. The event was free to attend for anyone with long-term conditions such as venous leg ulcers, lymphoedema and lipoedema, that require management with compression therapy.

The event was split into three parts. In the morning, a panel discussion took place in which several experts were assembled to talk about the key aspects of managing

lower-limb conditions. Key topics discussed are covered in this issue in more detail and included emollient types (p.8), how to use emollients (p.14), how to identify if you are using the right compression for your condition (p.22) and when to exercise and when to rest (p30). Delegates were also advised how to identify if the care they were receiving was the most appropriate for them, and what steps to take if not, including asking for referral. The importance of building a relationship with the clinicians responsible for delivering their care was also detailed. During lunch, a small exhibition was available in the room so delegates

could look at compression garments and ask advice over lunch, as well as chat to charity representatives, clinicians and other delegates. After lunch, delegates had the opportunity to meet leading healthcare experts in small groups to have their individual questions answered, and learn more about living with their condition in an informal setting.

The day finished with a tour of the larger industry exhibition for those wishing to attend, where delegates could get hands-on with products and solutions, and come together with industry experts, healthcare professionals and charities who offered valuable support and advice.

Everyone involved enjoyed the event and found it helpful:



**Alex, delegate:**

'The event day was fantastic and extremely informative for everyone

with both lymphoedema and lipoedema. Having these conditions can sometimes feel like living in a vacuum so it was super to see others with the same issues and also talk to experts who were both willing to listen and impart some relevant and very helpful advice. If you get a chance to attend you will find it well worth your time.'

**Lauren, panel expert:**

'The day was very refreshing, participating on the expert panel and supporting the delegates and hearing their stories. The day will be one I always remember throughout my career.'

**Nicky, delegate:**

'In This Together Live was such a useful day! It's always so good to talk to other people with lymphoedema but even better is the opportunity to ask questions of the experts, including those in the exhibition area.'

**In This Together 2025**

**Don't miss your opportunity to attend the next ITT Live at Wound Care Today, in partnership with Daylong Direct**

March 2025,  
Telford International Centre

**Register your interest now: [info@inthis-together.co.uk](mailto:info@inthis-together.co.uk)**