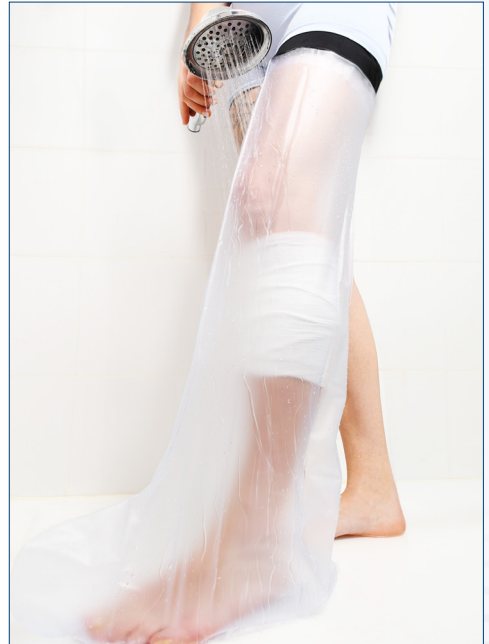


Keep your limb dry with SealCuff®

If you have to wear compression garments, dressings or plaster casts, or if you have an intravenous device for medical treatment, it can be difficult to wash every day without worrying about getting it wet, stopping it from working or getting waterlogged. If you worry about washing yourself because you can't keep your garment or your wound dry, for example, you may skip it. However, good hygiene is important for your sense of wellbeing, as well as preventing infection and odour.

Being able to manage daily tasks like washing is important to help you feel in control of your condition. This helps you to stay independent and can make the difference between you living well with your condition rather than feeling as if you are just surviving your treatment.

Cleanliness also has a huge impact on your mental health. If you are not able to wash or care for yourself, it can make you feel helpless, depressed or ashamed. These feelings might stop you from becoming involved with your treatment as fully as you could, which can lead to your condition worsening or not improving as well or as quickly as it might.



SealCuff®

SealCuff® is a waterproof protector for showering. It is easy to use, so you don't have to worry about your dressing or device getting wet, and can help you have the confidence to continue to care for yourself and retain your dignity.

If you feel like you are in control of your self-care, it helps you to follow all the aspects of your treatment plan, which makes it more likely that you will see the greatest benefit possible in managing your condition and helping you to feel as well as possible.

Keeping clean, staying well

You know how much better you feel when you've had a bath or a shower and you feel clean and fresh.

Unfortunately, a few conditions can make it difficult to be able to wash as you usually would. For example, if you have a long-term condition such as lymphoedema or a venous leg or foot ulcer that needs compression bandaging, or a dressing that can't be removed and needs to be kept dry between clinic visits, it can be hard to take a shower.

Equally, if you have a plaster cast on a broken limb or if you have an intravenous line for medical treatment, it is important not to get these wet. Getting your compression product or dressing wet can lead to skin damage and delayed wound healing, which can increase the risk of infection.



However, there are products that can help to avoid this while allowing you to carry out personal care. Waterproof protectors like SealCuff® from Daylong Direct protect anything beneath them. These protective

covers can be used in the shower helping you to keep clean while protecting any medical device, bandaging or dressing, and any wounds from getting wet.

Using SealCuff®

Putting it on

1. Carefully stretch the black neoprene seal at the top opening.
2. Gently guide your limb into the cover.
3. Once your limb is inside, gently pull the cover down slightly so the black seal fits snugly against your skin, creating the watertight barrier above the area to protect. Make sure the seal is smooth against the skin with no gaps before showering.

Taking it off

1. After showering, carefully dry the outside of the cover and the seal.
2. To remove without disturbing the cast/bandage/wrap, carefully roll the black neoprene seal back on itself and ease it over your cast or dressing. This will allow you to slide the SealCuff® protector off your limb.
3. Once removed hang your SealCuff® upside down to dry naturally.

How can SealCuff® help?



SealCuff® is reusable and should last for several months if you look after it carefully.



SealCuff® can be used for showering, although it can't be used underwater for a long time.



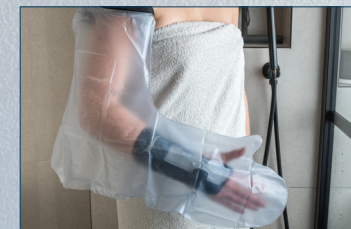
You need to have the correct size of SealCuff® prescribed for you, in the same way as your compression garment is measured to fit you.



SealCuff® can be used quickly and easily to cover dressings or casts on the arm, leg, knee or elbow, or to cover PICC lines used by people being treated for cancer or who need long-term antibiotics.



The seal on SealCuff® is made of neoprene and the cover is made of plastic, so it is completely latex free.



Learn all about it

To access our videos about how to use the different models of SealCuff® scan the QR code below.



Frequently asked questions and answers

Is SealCuff® easy to apply and remove?

Yes, it is easy to put on and take off a SealCuff® – see the box on the previous page or the website www.daylong.co.uk for details.

How long can I wear a SealCuff® for?

Although the neoprene ring makes the SealCuff® comfortable to wear, we recommend that you wear SealCuff® for a maximum of 25 minutes at a time because condensation can begin to build up inside the SealCuff®.

How do I know if it is OK to use SealCuff®?

SealCuff® can be used by people with:

Wounds & leg ulcers

It can protect your wound dressing from getting wet while washing or showering

Compression bandages

If you have to wear bandaging, e.g. for intensive treatment of oedema or lymphoedema, it can prevent them getting wet, while allowing you to shower

Plaster casts

It keeps casts dry, protects the skin and allows you to keep clean

PICC lines & IV sites

It stops water reaching the points where these go into your skin and helps to avoid catching or pulling the PICC line when washing in the shower.



I am allergic to latex. Can I use SealCuff®?

Yes, SealCuff® is completely latex free – the seal is made of neoprene and the cover is a flexible plastic sleeve.

Can I use my SealCuff® protector more than once?

Yes. Once you have finished showering or bathing, carefully dry the outside of the cover and the seal area. Take the SealCuff® off and let it dry in the air before folding and putting away to use again.

How do I dry my SealCuff® after I have used it?

The product can be hung up and dried with a clean paper towel after use.

Please contact our friendly
customer care team on: **0800 195 0160**

